	ALLERGEN INFORMATION										X INDICATES PRESENCE OF ALLERGEN M/C INDICATES MAY CONTAIN							
TRADING HOUSE	We kindly ask you refresh your browser to ensure you are viewing the latest allergen information. It's important to us that all can enjoy the experience of dining with us and so our allergen information intends to help you make an informed decision based on an allergy or dietary requirement. Whilst our dish descriptions may not always mention every single ingredient, our dealed allergen information covers the 14 allergens specified by The Food Information Regulations that are present within our dishes. Where a dish is marked as Non Gluten (NG), the dish is made from ingredients which do not contain gluten. Whilst we take every care and attention to cater to a gluten allergy or dietary requirement, we cannot guarantee dishes are 100% free of gluten due to cross contamination from ingredients during transit and the use of cooking equipment, such as our deep fat fryers, where dishes containing gluten have also been cooked. Please note, our venue teams do not hold information on any other allergens and are unable to assist with selecting a suitable dish for you. Though we would kindly ask you inform our team of an allergen before ordering. If you have an allergen query, please email our Head Office team on info@mytc.uk.com before your visit and our team will respond within 72 hours. Please take care when requesting modification or substitution of ingredients within our dishes, as it may render this allergen information unsuitable. As dishes do change seasonally or with the release of a new menu, we would recommend checking our allergen information regularly for the latest information.																	
UPDATED ON 19/11/19															1			
Non-Gluten	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED			
Nibbles Olives																		
Pork crackling								x	x		х	х						
Starters																		
Salt and Pepper Chicken Wings												х						
Vietnamese Rolls					x			x	x			x						
Chicken Wings with Hot Sauce			x			x		M/C										
Deli Boards																		
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED			
Cheese																		
Camembert Stuffed with Mushrooms						x												
Shorrocks						x												
Long Clawson Blue stilton						x												
Berkswell Hard Ewes' Cheese						x												
Salads															•			
Apple, Celery, Candied Walnut & Blue Cheese	GLUTEN	CRUSTACEANS	EGG X	FISH	PEANUTS	MILK	X WALNUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED			
Grilled Broccoli						x	WALNUTS				x	x						
Chilled Favourites																		
Houmous									x			х						
Red and Yellow Peppers																		
Red Cabbage Slaw											x	x						
Olives																		
Hotpots																		
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED			
Chorizo in Red Wine						x						х						
Condiments									ı				ı					
Tomato ketchup										x								
Mayonnaise			x															

Dijon mustard											x	х			
Wholegrain mustard											x	х			
Horseraddish Sauce			x			x					x	x			
Hanging Kebabs															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Chicken						х		х				x			x
King Prawn		x						x				x			x
Salt & pepper pork belly								x			x	x			x
House Classics															
Duck Hash			x									x			
Chargrilled 10oz Sirloin Steak								х				x			х
Steak and Ale Pie								x		x		x			х
Chicken and Bacon Pie			x			x		x		х	x	x			x
Mushroom Pie										x	x	х			x
Salads															
	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	SOYA	SESAME	CELERY	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	DEEP FRIED
Chicken Salad						x					x	x			
Pork Salad						x	X WALNUTS			x	x	x			
Burger Toppings															
Smoked Bacon															
Smoked Bacon Blue Cheese						x									
						х									
Blue Cheese						x									
Blue Cheese											x	x			
Blue Cheese Avocado Shorrocks											x	x			
Blue Cheese Avocado Shorrocks Red Cabbage Slaw	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS		NUTS	SOYA	SESAME	CELERY	X	X	MOLLUSCS	LUPIN	DEEP FRIED
Blue Cheese Avocado Shorrocks Red Cabbage Slaw	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	x	NUTS	SOYA X	SESAME	CELERY			MOLLUSCS	LUPIN	DEEP FRIED
Blue Cheese Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	x	NUTS		SESAME				MOLLUSCS	LUPIN	
Blue Cheese Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	x	NUTS	х	SESAME	х			MOLLUSCS	LUPIN	x
Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	x	NUTS	x	SESAME	x	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	x
Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken Lamb	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	x x	SESAME	x x	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	x
Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken Lamb Pork Guinea Fowl	GLUTEN	CRUSTACEANS	EGG	FISH	PEANUTS	MILK	NUTS	x x	SESAME	x x	MUSTARD	SULPHITES	MOLLUSCS	LUPIN	×
Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken Lamb Pork Guinea Fowl						MILK X		x x x		x x x	MUSTARD	SULPHITES			x x
Avocado Shorrocks Red Cabbage Slaw The Rotisserie Meats Red Tractor Half Chicken Lamb Pork Guinea Fowl						MILK X		X X X SOYA		x x x	MUSTARD	SULPHITES			X X DEEP FRIED

Columbus Salad		x		x	X WALNUTS		x	x	x		
Market Greens				x				x	x		
Red Cabbage Slaw									x		
Chunky Chips						x		x	x		
Roast Sweet Potato									x		
Dessert											
Coconut Rice Pudding					X ALMONDS				x		